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Week 1 - BDC's 39th Birthday

Round the hill you must go! Congratulation on completing another trip around the sun. This week, we are celebrating BDC's 39th Birthday. You can find BDC birthday activities and BDC songs below!

This summer is full of BDC history in the making! For the first time, your entire family can participate in BDC activities, sing our favorite camp songs, and share the special moments that camp creates. We encourage you to share these moments of joy, excitement, challenge, and perseverance as you engage with content we provide and anywhere else in your life, with us! We are thrilled to be able to share all of your Courage, Hope, Good Spirit & Peace with the rest of the camp family!

We have created a brand-new video newsletter for BDC'20...starring YOU! Each week, please send us videos of your family engaging with these activities or simply incorporating Courage, Hope, Good Spirit & Peace into your lives. With your help, we will create a weekly video newsletter showcasing all of the magic that you, the BDC Family, is enjoying. Here are some instructions:

1. To capture video on cell phones or iPads, please turn the device horizontally (landscape).
2. 10 seconds of video is the perfect length.
3. Your device's microphone is sensitive, so make sure to stand close (under 6 feet) to the person you're filming so that we can hear them.
4. Capture a few seconds at the beginning and end of the action to allow us to edit the clip.
5. Please send us the one best video of your activity.
6. Please send us the video unedited, videos with titles and graphics will not be used.

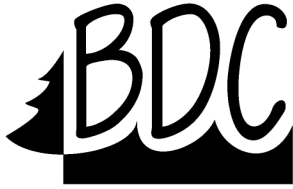
Have fun filming! When you have a video to send us, upload it directly to our [BDC dropbox](#), which you can find on our website under Camp Forms.

Please call or email with any questions or comments!

www.brewsterdaycamp.com • info@brewsterdaycamp.com

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Make your own BDC Birthday Hat!

Supplies:

- Paper shopping bag works best, and cardboard or poster board or the paper of your choice will work well too!
- Scissors
- Tape, staples or glue
- Markers and any decorations you want to add

Directions:

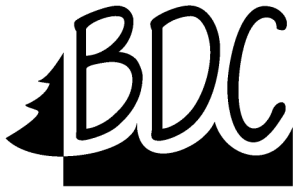
1. Open up a paper bag fully
2. Cut down the fold on the side of the bag. Then cut down the middle of the bottom of the bag. Cut smaller folds until the paper bag can sit flat.
3. Lay the paper bag flat with the blank side up.
4. Trace or draw your hat design on the blank side of the bag, make sure it is long enough to fit all the way around your head (bigger is better since you can always cut it smaller later).
5. Cut out your design and fit the hat to your head.
6. Create your own unique design with markers, stickers, wrapping paper, straws, googly eyes Etc.
7. Tape, staple or glue the two ends of the hat so that you can wear it.
8. Take a picture of your BDC birthday hat and tag us on Instagram (@brewsterdaycamp)

Have fun and be creative!

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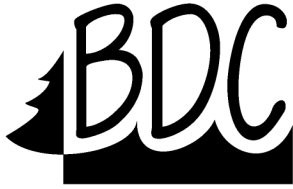
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Example BDC Birthday Hat:





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BDC Songs

The Princess Pat (Repeat After Me Song)

[Verse 1]

The Princess Pat
Lived in a tree.
She sailed across
The seven seas.

She sailed across
The channel too.
And brought with her,
a rigabamboo.

[Chorus]

A rigabamboo!
Now what is that?
It's something made
By the Princess Pat.

It's red and gold,
And purple too.
That's why it's called
A rigabamboo.

[Verse 2]

The captain Jack
Had a mighty fine crew.
He sailed across
The channel too.

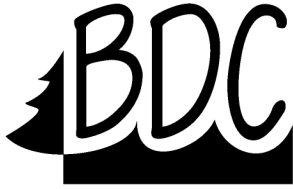
But his ship sank,
And yours will too,
If you don't bring
a rigabamboo.

[Chorus]

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The Muffin/Bagel Song (Repeat After Me Song)

[Chorus]

Five little muffins in the bakery shop!
You know, the kind with the honey and the nuts on top!

A kid walks in with a dollar to spare...
And they grab that muffin and they run* out of there.

[Keep repeating the chorus with one less muffin each time, until there are...]

No little muffins in the bakery shop!
You know, the kind with the honey and the nuts on top!

A kid walks in with a dollar to spare...

But wait.
There's no more muffins.

I guess I'll have a bagel, then.

Bagels? I LOVE bagels!

Bagels are round.
The sun is round.
The sun is yellow.
Bananas are yellow.
Bananas have spots.
Spots with a loooong life.
Life? That's my favorite cereal!
I once saw it on sale for ten dollars.
Ten dollars? That's crazy!
I was crazy once.
They locked me up in the cellar and fed me nothing but bagels.

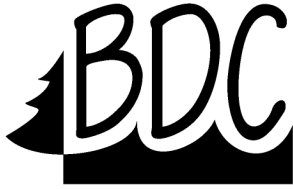
Bagels? I LOVE bagels!

* You can swap this out with any type of movement — be creative!

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Super Lizard (all together)

Super lizard, super lizard,
See him swim, see him swim.
In and out of the water, in and out of the water,
With his fins, with his fins.

Now repeat!

1st time: hum the first line.

2nd time: hum the first two lines.

3rd time: hum the first three lines.

4th time: hum the whole song.

Last time: sing the whole song, as fast as you can!

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